



Babcock University Centre for Open Distance and e-Learning (BUCODEL)

AUTHENTIC ASSESSMENT

GEDS 112: HEALTH PRINCIPLES



COURSE CODE: GEDS 112

COURSE TITLE: HEALTH PRINCIPLES

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TOPIC: HISTORICAL PERSPECTIVE OF HEALTH

LEARNING OUTCOMES:

At the end of this topic, you should be able to:

1. Synthesize Biblical foundations of health.
2. Establish the Christian view of life and health.
3. Proffer five (5) dimensions of health necessary for health awareness.
4. Appraise the meaning and scope of health.

Assessment description (Task) 15 marks

1. Make a PowerPoint presentation on the Biblical foundation for health, applying the Christian view of life and health.

Note:

1. **The slides should not be less than fifteen (15) Slides**
2. **Appropriate Biblical texts (up to 10 references) should be cited**

GRADING RUBRIC					
S/ N	Criteria	Poor (0)	Good (2)	Very Good (4)	Excellent (5)
1	Appropriate PowerPoint design with pictorial illustrations on health	No PowerPoint presentation	Power Point presentation (between 8 to 10 slides) with no pictorial illustrations on health	Adequate Power Point presentation (between 11 to 14 slides) with few pictorial illustrations on health	Appropriate Power Point presentation (of 15 slides and above) with sufficient pictorial illustrations on health
2	Citations of appropriate Biblical text synthesized with the Christian view of life and health	No citation of bible references synthesized with the Christian view of life and health	Citation of Bible reference between 1 and 5 , synthesized with the Christian view of life and health	Citation of Bible reference between 6 and 9 , synthesized with the Christian view of life and health	Citation of Bible reference up to 10 , synthesized with the Christian view of life and health
3	Presentation of power point of Biblical foundation for health, applying the Christian view of life and health.	Unappealing , poor color choice and slide contrast, slide presentation unorganized , bullets, graphics, transitions, and slide effects detract from the content	Somewhat appealing , pleasing colors with high contrast, slide presentation disorganized , fairly good use of bullets, graphics,	Appealing , pleasing colors with good contrast, slide presentation organized , good use of bullets, graphics, transitions, and	Very appealing , excellent colors with high contrast, slide presentation well-organized , excellent use of bullets,



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			transitions, and slide effects detract from the content	slide effects which enhance the presentation of the content	graphics, transitions, and slide effects which greatly enhance the presentation of the content.
Total score					15 marks

TOPIC: HUMAN ANATOMY AND PHYSIOLOGY

LEARNING OUTCOMES:

At the end of this topic, you should be able to:

1. Recognize ten (10) organs of the human body and their function.
2. Describe four (4) function of tissues of the human body.

Assessment description (Task) 20 marks

Create a chart AND diagram for health awareness for pupils in primary school showing functions of organs and tissues of human body

GRADING RUBRIC

	Criteria	1 (Poor)	3 (Good)	6 (Very Good)	10 (Excellent)
1	A clearly drawn chart and diagram with identifiable organs and tissues of human body	No chart description and no diagram of identifiable organs and tissues of human body.	Correct chart and no diagram description of identifiable organs and tissues of human body.	Correct chart and fair diagram description of identifiable organs and tissues of human body.	Meaningful chart and correct diagram description of identifiable organs and tissues of human body.
2	Presentation of charts and diagram of organs and tissues of human body indicating their functions.	Unattractive, difficult to interpret, poor color choice and not	Somewhat attractive, difficult to interpret, pleasing	Attractive, easy to interpret, pleasing colors of the	Very attractive, very easy to interpret, very pleasing



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		showing human organs and tissues	colors of the human organs and tissues	human organs and tissues	colors of the human organs and tissues.
Total score					20 marks

TOPIC: FOOD, NUTRITION AND HEALTH

LEARNING OUTCOMES:

At the end of this topic, you should be able to:

1. Apply the foundation of food ethics and its relevance to health
2. Classify the food groups/nutrients, and exemplify their functions and sources

Assessment description (Task) 15 marks

Your younger sister and her friends’ feed mainly on cakes and soft drinks, create a healthy balanced diet food time-table to promote better healthy life style.

Note: The food time-table MUST be presented on a cardboard paper.

GRADING RUBRIC

	Criteria	1 (Poor)	2 (Good)	3 (Very Good)	5 (Excellent)
1	Clearly drawn table and pictures with vivid identifiable food items	Wrong table description, with no examples	Somewhat meaningful description only, with no examples.	Meaningful description and few examples	Very meaningful description, and many examples
2	Description of food classification on the table, examples with pictures.	Wrong description of food classification on the table with no examples and pictures	Somewhat meaningful description of food classification on the table only with no examples and pictures	Meaningful table description of food classification on the table with few examples and some pictures	Excellent table description of food, with many examples and perfect pictures

3	Presentation of food item in manner that promote better healthy life style	No attempt to present food item in manner that promote better healthy life style	Focused on food items but with no emphasis on promotion of better healthy life style	Explanation of food items with little emphasis on promoting better healthy life style.	Lucid explanation of food items with much emphasis on promoting better healthy life style
Total score:					15 marks

TOPIC: ECOLOGY OF HUMAN DISEASE

LEARNING OUTCOMES:

At the end of this topic, you should be able to:

1. Analyse issues surrounding diabetes, and its types,
2. Evaluate the complications of diabetes
3. Assess the risk factors associated with diabetes.

Assessment description (Task) 20 marks

Create a poster presentation on the risk factors and complication of diabetes for a classmate of yours who has been urinating excessively with insects surrounding his urine as he has been diagnosed of high blood sugar level before now.

Note: Follow standard sample poster layout for presentation

Grading Rubric

	Criteria	1 (Poor)	3 (Good)	4 (Very Good)	5 (Excellent)
1.	Content showing risk factors and complication of diabetes	Content requirements missing with no risk factors and diabetes complications included.	Most content requirements present with very few risk factors and diabetes complications included.	All content requirements present with few risk factors and diabetes complications included	All content requirements present with all risk factors and diabetes complications included
2.	Design on poster presentation	Did not follow layout sample disorganized visuals hastily and carelessly planned	Followed layout sample, somewhat disorganized visuals and	Followed layout sample, organized visuals that are not neat but planned	Suitably followed layout sample, logically organized visuals and neatly planned

			carelessly planned		layout compliments content
3.	Creativity based on the topic Diabetes	Little constructive use of color or graphic elements of Diabetes	Graphics have clustered appearances or are sparse (too much empty space) of Diabetes	Good use of color and eye-catching graphic elements of Diabetes	Pleasing use of color, shapes, symbols and other graphic elements captures viewers' attention and interest of Diabetes
4.	Visual appeal based on the topic Diabetes	No evidence or creativity on the topic Diabetes	Contains some good, although not entirely original elements on the topic Diabetes	Contains unique or imaginative elements on the topic Diabetes	Incorporates unique and pertinent ideas design elements, visuals or text that make the poster stand out on the topic Diabetes.
Total score:					20 marks

TOPIC: SUBSTANCE ABUSE AND MENTAL HEALTH

LEARNING OUTCOMES:

At the end of this topic, you should be able to:

1. Proffer three (3) immediate solutions to substance abuse cases;
2. Analyse the dynamics of substance abuse;
3. Assess drugs with abuse potentials.

Assessment description (Task) 10 marks

Prepare a creative presentation on the implications of health issues of drug abuse to a group of students who sniff glue to get high claiming ignorance of substance abuse.

Note: Your presentation should be on slides from any suitable software

GRADING RUBRIC

	Criteria	1 (Poor)	2 (Good)	4 (Very Good)	5 (Excellent)
1.	Content of health issues on drug abuse/substance abuse	Poor coverage of the inappropriate representation of health issues on drug/substance abuse	Inadequate coverage, but not appropriate representation of health issues on drug/substance abuse	Good coverage of appropriate representation of health issues on drug/substance abuse	Outstanding coverage of appropriate representation of health issues on drug/substance abuse
2.	Presentation on the implications of health issues on drug abuse.	Unattractive, poor color choice and slide contrast, slide presentation unorganised, bullets, graphics, transitions, and	Fairly attractive, colors with high contrast, slide presentation disorganised, bullets, graphics, transitions, and	Attractive, pleasing colors with good contrast, slide presentation organised, good use of bullets, graphics,	Very attractive, pleasing colors with high contrast, slide presentation well-organised, excellent use of bullets, graphics,

		slide effects detract from the content	slide effects detract from the content	transitions, and slide effects which enhance the presentation of the content	transitions, and slide effects which enhance the presentation of the content
Total score:					10 marks

